



Pacific Medical Training
 3103 Philmont Ave, Suite 308
 Huntingdon Valley, PA 19006
 1-484-464-2882

CPR + AED COURSE PROVIDER SKILLS VERIFICATION FORM

After completing Pacific Medical Training's online CPR+AED course, email this completed form with your instructor's BLS instructor credential to support@pacificmedicaltraining.com. The instructor must hold a valid American Heart Association instructor credential. They will initial each area that has been successfully completed. Please note that the instructor does **NOT** issue you a new card. Your Pacific Medical Training CPR+AED card is issued directly from Pacific Medical Training.

Basic cardiac life support skills testing for an ADULT

SKILL	PASS	Requires remediation
Recognize lack of normal breathing and unresponsiveness <ul style="list-style-type: none"> • Activate the EMS or internal emergency system • Either get or send someone to get the AED 		
Initiate compressions at a rate of 100–120/min <ul style="list-style-type: none"> • Compress the chest at least 2 inches • Allow complete chest recoil 		
Open the airway using the head tilt/chin lift <ul style="list-style-type: none"> • Ventilate successfully using a ratio of 30:2 		
Attach and utilize the AED as soon as it arrives <ul style="list-style-type: none"> • Continue compressions while the AED charges • Clear for shock • Initiate compressions immediately following shock • Change rescuers performing CPR every 2 minutes or sooner if tired 		

Basic cardiac life support skills testing for a CHILD

SKILL	PASS	Requires remediation
Recognize lack of normal breathing and unresponsiveness <ul style="list-style-type: none"> • Activate the EMS or internal emergency system • If someone is available, send them to get the AED • If no one is available, begin steps of CPR for 2 minutes, then activate EMS and retrieve the AED 		
Initiate compressions at a rate of 100–120/min <ul style="list-style-type: none"> • Compress the child's chest at least 1/3 the depth of the chest wall (about 2 inches) utilizing one hand or two hands depending on the size of the child. • Allow complete chest recoil 		
Open the airway using the head tilt/chin lift <ul style="list-style-type: none"> • Ventilate successfully using a ratio of 30:2 		
Attach and utilize the AED immediately when it becomes available <ul style="list-style-type: none"> • Place the AED pads according to pictures on the pads • Continue compressions throughout except when advised by the AED • If a shock is advised: <ul style="list-style-type: none"> - Clear the patient - Push the shock button - Initiate compressions immediately following the shock Change rescuers performing CPR every 2 minutes or sooner if tired		

Basic cardiac life support skills testing for an INFANT

SKILL	PASS	Requires remediation
Recognize lack of normal breathing and unresponsiveness <ul style="list-style-type: none"> • Tap or flick the feet to establish responsiveness • Activate the EMS or internal emergency system • If someone is available, send them to get the AED • If no one is available, begin steps of CPR for 2 minutes, then activate EMS and retrieve the AED 		
Initiate compressions at a rate of 100–120/min <ul style="list-style-type: none"> • Compress the infant’s chest at least 1/3 the depth of the chest wall (about 1 1/2 inches) the heel of one hand or using two thumbs side by side encircling the chest wall with your hands just below the nipple line. • Allow complete chest recoil 		
Open the airway using head/tilt chin lift and ventilate with a pocket mask. <ul style="list-style-type: none"> • Ventilate successfully using a ratio of 30:2 		
Attach and utilize the AED immediately when it becomes available <ul style="list-style-type: none"> • Choose pediatric pads, if available. If not, recognize that adult pads may be used • Place the AED pads according to pictures on the pads • Continue compressions throughout except when advised by the AED • If shock is advised, immediately resume compressions while the AED charges <ul style="list-style-type: none"> - Clear the patient - Push the shock button - Initiate compressions immediately following the shock • If no shock is advised, resume chest compressions for 2 minutes • Change rescuers performing CPR every 2 minutes or sooner if tired 		

The above information is accurate to the best of my knowledge. The INSTRUCTOR holds a valid American Heart Association BLS instructor credential. The STUDENT has successfully demonstrated the skills listed above.

STUDENT _____ Name	_____ Signature	_____ Date
_____ State and license number		

INSTRUCTOR _____ Name	_____ Signature	_____ Date
_____ Profession	_____ Specialty	